

# Lachesis

## Diary of a Classis Homeopathy Patient

20/12

### General Description:

- Palpitations
- Crying in early morning
- Accurate dreams of real-life situation
- Lips swollen
- Loosened jaw
- Night sweats
- Ability to answer to requests faster, without hesitation
- Clearer thinking visé vis intent and thinking

21/12

### General Description:

- Sleeplessness...sadness...

### Internal Conclusion:

- Not living someone else; finally living my life.
- This is the most single important thing at the moment
- Things look a lot less terrible when I write them

### Physical Exercises:

- Excited about the way the exercises were happening. Less tense, more allowances...more me... More vulnerable, less protective of structure.

23/12

- Still sleepless...got up to make a small snack, including toast and honey.
- Probably switched on the TV while asleep and this woke me.
- Still getting upset about things...maybe even more, I'm not sure....but the ignition seems slower.
- Physical need for touch....feeling is strong....body is slow...
- The past 2 days were really difficult, woke up really early [5:00], I dragged along the whole day as if in a dream (or nightmare)...everyone seemed to be in as much a bad mood as me. The next day everything was the opposite...everything seemed fine.

- Generally a lot of crying. Feelings of missing, loneliness, weakness.
- Not sure this stuff is working but the lips are still swollen.
- More vulnerable [gullible]....less protection.
- Easier for me to do things that people want me to do.....feel the danger in this.
- Over the weekend I had a craving for and ate a lot of hot/spicy foods.

**24/12**

- Physical issues making me feel as though I need something intense to happen. Feel like sharing warmth with someone.

**27/12**

- Collected a whole lot of junk in my head that I wanted to share with someone.....but it didn't happen
- Feel physical attraction to certain people and not to others....very obvious to me....
- Everything seems to be heading to the one moment were I obviously don't want to be.....

**1/1**

- After about a week started feeling the stuff wearing off....
- Started feeling usual again.
- Not drinking coffee is not the issue....
- I wonder whether he will give me more....
- How long was I in the Lachesis dream fantasy
- There was something completely not in control in the first days.
- Then I started feeling explosive again....
- Don't really know how much its in my blood now but I seem to be doing something opposite to the first few days....

### **General Description**

- Feeling very active, yet tired...
- Unsettled with the amount of work I have, trying to find ways to alleviate the 'boredom'
- Feel I need more of the stuff...

**10/1**

### **Looking back over the past week**

- Feeling a complete lack of achievement as a result of my SLEEPING habits over the past week.
- I'm not sure if it was the tiyul I did last weekend, or just a winter thing....
- I already started sleeping really badly immediately as I took the Lachesis...
- Initially, I was not sleeping well, but I woke up in the morning remembering everything, the dream, a sense of physical [not mental] delirium....knowing what hurts etc...

- I think the stuff wore off because now I don't sleep well and I am depressed in the morning...I don't know what's wrong with me and have no sense of what happened in the night.
- I did have a period of time in my life [during the winter especially] where I went thru something similar....I had just started practicing Yoga...and the last part of the session was about resting [for 20 minutes]...I would feel my body 'disappear' and my mind was literally wondering...not restlessly though....I would always be the last to wake [which I thought was very unusual for me]...feeling heavy tongued but revived I would drive home feeling the delirium still in my body.
- My sleep at night while I was doing the Yoga was as though I was traveling during the night and in the early hours of the morning I would wake up [3:00], very similar to Lachesis only with Lachesis I had a body!!!!....
- The past week the experience of the Lachesis is very similar to how I was when the 'traveling' was too much and I didn't have a body anymore.....